Apstiprinu : BJSS direktors
2026. gada E.Vaivods

BĒRNU UN JAUNIEŠU SPORTA SKOLAS

NODARBĪBU SARAKSTI 2026./ 2027. M. G. NOVEMBRIS

Treneris, grupa,st.sk.	Nodarboš. vieta	P.	O.	T.	C.	P.	S.	SV.
VOLEJBOLS								
I.Rumaka		16.50-17.30	16.50-17.30					
VFS	BJSS	**1**	**1**					
I.RUMAKA		17.30-20.10	17.30-20.10	18.20-21.00	17.40-20.20	19.00-20.20	8.00-9.20	
SMP-1 20 st.	BJSS	4	4	4	4	2	2 (stadions)	
I.Rumaka		15:30-16:50	15:30-16:50		15:00-16:20			
SSG 6 st.	BJSS	2	2		2			
M.Civkors/		19:50-21:10	19:50-21:10	17:00-19:00	18:30-20:30		11:00-14:20	
A.Pahomovs						19:40-21:00	15:00-16:20	
MT-7 19 st. (15+4)	BJSS	**2 (10)**	**2 (10)**	**3**	**3**	**2 (A.P.)**	**5+2 (A.P.)**	
M.Civkors		17.10-18.30	17.10-18.30	17:00-18:20	16:30-17:50		14:30-16:30	
MT-3 11 st. (7+4)	BJSS	**2**	**2**	**2(I.R)**	**2(I.R)**		3	
M.Civkors		18.30-19.50	18.30-19.50		17.10-18.30		9:00-11:00	
A.Pahomovs							13:40-15:00	
MT-3(2) 11 st. (9+2)	BJSS	**2**	2		**2**		**3+2 (A.P.)**	
M.Civkors				19:00-20:20		17.00-18.20		
inter.gr. 4 st.	BJSS			**2**		**2**		
GALDA TENISS								
A. Isajevs/	BJSS	15.20-16.40		15.20-16.40	15.20-16.40			
A.Pahomovs							16:20-18:20	
MT-2 9 st. (6+3)	g t zāle	**2**		**2**	**2**		**3 (A.P)**	
A. Isajevs	Vārkavas v-sk.		8.10-8.50		8.10-8.50			
A. Isajevs	BJSS	16.40-18.40	16.40-18.00	16.40-18.20	16.40-18.00	16.40-18.40	12:00-14:00	
MT-6 17 st.		3	3	2	3	3	**3**	
A. Isajevs/	BJSS	18.40-20.20	18.00-19.20	18.00-19.20		17.00-19.40	16:00-18:00	
A.Pahomovs							**11:00-13:40**	10:00-11:20
SMP-2 20 st.(10+10)	g t zāle	3 (IS)	2(IS)	2(IS)		4 (A.P.)	3 (IS)S+4(A.P)S	2(A.P)
		FUTBOLS						
V. Martinovs				18:00-20:40				
VFS 4 ST.	maksl. Lauk.			4				
V.Martinovs		18.00-20.40	18.00-20.40		18.00-20.40	18.00-20.40	10:00-13:20	
SMP-3 21 st.	maksl. Lauk.	4	4		4	4	5	
V. Točko		18.00-20.00	18.00-20.00	18.00-20.00	18.00-20.00	18.00-20.40	18.00-20.40	
SMP-1 20 st.	maksl. Lauk.	**3**	**3**	**3**	**3**	**4**	**4**	
D.Binders		18.00-20.00	18.20-19.40	18.00-20.00	18.00-20.00	18:00-20:40	10.00-13.20	
SMP-2 20 st. (18+2(R.P	mākslīgais l.	**3**	2(R.P)	**3**	**3**	**4**	**5**	
D.Binders		14:00-16:00		14:00-16:00		14:00-15:20		
MT-1 8 st.	maksl. Lauk.	**3**		**3**		**2**		
D.Binders		16:00-18:00		16:00-18:00		16:00-18:00		
MT-2 9 st.	maksl. Lauk.	**3**		**3**		**3**		
I. Babris		15.00-17.00	15.00-17.40	15.00-17.00	15.00-17.00	15.00-17.40		
MT-6/2 17 st.	M.laukums	**3**	**4**	**3**	**3**	**4**		
I. Babris		17.00-19.40	18.00-20.00	17.00-19.40	17.00-19.00	18.00-20.00		
MT-6 17st.	maksl. Lauk.	**4**	**3**	**4**	**3**	**3**		
S.Placinskis		16.00-18.00	16.00-18.40	16.00-18.00	16.00-18.00	16.00-18.00	10.00-12.40	
SMP-1 20 st.	Agl. V-sk.	**3**	**4**	**3**	**3**	**3**	**4**	
S.Placinskis			13:30-15:30		13:30-15:30			
SSG 6 st.	Agl. V-sk.		3		3			
I.Derjagins								
R.Paļenkovs					17:30-18:50			
MT-4 13 st. (11+2)	maksl. LauK.				**2**			
I.Derjagins								

R.Paļenkovs			15.20-16.40					
MT-4(2) 13 st. (11+2)	maksl. LauK.		**2**					
I.Derjagins		15.00-16.20	15.00-16.20	15.00-16.20	15.00-16.20	15:00-17:00		
MT-3 11 st.	maksl. LauK.	**2**	**2**	**2**	**2**	**3**		
R.Paļenkovs	BJSS/1.PAM	15.30-17.30		15.30-17.30	15.30-17.30			
MT-2 9st.	maksl. LauK.	3		3	3			
R.Paļenkovs		17:30-19:30		17:30-19:30				
SSG 6 ST.	MĀKS.LAUK.	3		3				
R.Paļenkovs		12:30-13:50	14:00-15:20	12:30-13:50		12:30-13:50		
MT-1 8 st.	Rušonas/kāst. sporta zāle	2	2	2		2		
VIEGLATLĒTIKA								
O.Borisova	stad./MAN/Z.	15:20-17:20	17:00-19:00	15:20-17:20	17:00-19:00	14.50-16.50	9:00-11:40	
MT-7 19 st.	parks	**3**	**3**	**3**	**3**	**3**	**4**	
O.Borisova/	stad./	17:20-18:40	19:00-20:20	18:00-19:40	19:00-20:20		12:50-14:10	
E.RINGA				19:40-20:20		17:30-18:50	11:30-12:50	**9:00-11:40**
SMP-1 20 st. (11+9)	parks	**2.5**	**2**	**2,5+1(E.R)**	**2**	**2 (E.R.)**	**2+2 (E.R.)**	**4(E.R.)**
O.Borisova	stad./	14:00-15:20		14:00-15:20		13:30-14:50		
SSG 6st.	parks	**2**		**2**		**2**		
M.Pokšāne	stad./	13.40-15.00		13.40-15.00		13.40-15.00		
SSG 6st.	parks	**2**		**2**		**2**		
M.Pokšāne		15.00-16.20	14.40-16.00	15.00-16.20	15.10-15.50	15.00-16.20		
MT-2 9 st.	Rieb.pam.	**2**	**2**	**2**	**1**	**2**		
M.Pokšāne	BJSS/MAN./tren. Z.	17.50-19.00	16.10-18.10	17.50-19.10	16.00-18.00	16.30-18.30		
MT-4 13 st.		**2**	**3**	**2**	**3**	**3**		
M.Pokšāne/		16.30-17.50		16.30-17.50	18.00-19.20		12.00-13.20	
S.STANKEIČŠ/						16.30-18.30	13:30-14:10	
E.RINGA				17:50-19:50	19:30-20:50			**11:40-13:00**
SMP-1 20st. (8+4+8)	Rieb.pam./MAN./TRENEŽIERU ZĀLE	**2**		**2 +3(E.R.)**	**2+3(E.R.)**	**3 (ST)**	**2 +1(ST)**	**2(E.R.)**
S.Stankevičs		14.00-16.00		14.00-15.20	14.00-16.00	14.00-15.20	14.00-15.20	
MT-4 13 st.	Vārk. PAM..	**3**		**2**	**3**	**3**	2	
E.V.		16:20-17:00	17:00-18:20			15:40-16:20		
S.Stankevičs/		17:00-19:00		16:30-19:00	16:30-19:00	16:60-18:30	10.00-13:20	
ASM 21 (6+17)	Vārk. PAM..	1(E.V.)+3	2(E.V)	4	4	3(E.V.)+1	5	
J.Brakovskis/			17:30-19:30	16:50-18:50		17:30-19:30	11:30-11:50	
V.Neištadte/		17:00-18:20	16:50-17:30		17:00-19:00			
E.Ringa							9:30-11:30	
SMP-1 20 st.(11+6+3)	stad./parks	2 (V.N.)	3+1 (V.N)	3	3 (V.N.)	3	2+ 3(E.R.)	
F.Pušņakovs/		17:30-18:50	17:30-18:50	16:50-18:10		17:30-18:50	12:30-13:50	
J.Brakovskis/		16:50-17:30	16:50-17:30	15:30-16:50	15:30-17:30			
E.Ringa						18:50-20:50		
SMP-2 20 st.(10+7+3)	stad./parks	2 (F.P.) + 1	2 (F.P.) + 1	2(F.P.)+ 2	3	2(F.P)+3 (E.R.)	2 (F.P.)	
J.Brakovskis/		17.30-20.10	19:30-22:00	18:50-20:50	17:30-17:40	17:00-19:00	12:00-14:00	
E.RINGA					17:40-19:40			
SMP-3 21 st.(18+3)	stad./parks	**4**	4	**3**	1+3 (E.R.)	**3**	**3**	
M.Vilcāns			16:00-17:30	15:30-17:00	16:00-17:30	15:30-17:00		
MT-2 9st.	stad./MAN/Z.		**2 (10)**	**2 (10)**	**2 (10)**	**2 (10)**		
M.Vilcāns		15:30-17:00		17:00-18:40	13.50-15.10	14.30-15.30		
MT-1 8st.	Rieb. pam.	**2.5**		**2**	**2**	**1.5**		
M.Vilcāns/			17:30-19:30	18:40-20:40	17:30-19:30			
L.Grīnberga/	man.	16:30-18:30				16:30-18:30		
MT-5 15 st. (9+6)	parks/tren.z.	**3**	**3 (M.V)**	**3(M.V.)**	**3 (M.V)**	**3**		
VFS (5-6 g.) viegl. M.VILCĀNS		17.00-18.20				17.00-18.20		
inter.gr. 4 st.	EPVĢ	**2**				**2**		

V.Skabs	stad./	13:00-15:00		13:00-15:00		13:00-15:00		
MT-2 9st.	parks/tren.z.	**3**		**3**		**3**		
V.Skabs		15:30-17:30	15:30-17:30	15:30-17:30	16:00-17:20			
MT-3 11 st.	VĀRKAVAS PAM.	3	3	3	3			
V.Skabs/		17:30-19:30	17:30-19:30	17:30-19:30	17:30-20:10	17:30-19:30		
E.RINDGA							12:50-13:30	**13:00-14:20**
MT-7 19st. (16+3)	stad./MAN/Z.	**3**	**3**	**3**	**4**	**3**	1(E.R.)	**2(E.R.)**
F.Pušņakovs		15:30-17:30	15:30-17:30	15:30-16:50	15:30-17:30	15:30-17:30	10:30-12:30	
MT-6 17 st.	Aglonas v-sk.	**3**	**3**	**2**	**3**	**3**	**3**	
S.Placinskis		14:00-16.00		14:00-16.00	14:00-15.20			
mt-1 8 st.	Aglonas v-sk.	**3**		**3**	**2**			