

BĒRNU UN JAUNIEŠU SPORTA SKOLAS

NODARBĪBU SARAKSTI 2026./ 2027. M. G.

oktobris

Trenēris, grupa,st.sk.	Nodarboš. vieta	P.	O.	T.	C.	P.	S.	SV.
VOLEJBOLS								
I.Rumaka VFS	BJSS	16.50-17.30 1	16.50-17.30 1					
I.RUMAKA SMP-1 20 st.	BJSS	17.30-20.10 4	17.30-20.10 4	18.20-21.00 4	17.40-20.20 4	19.00-20.20 2	8.00-9.20 2 (stadions)	
I.Rumaka SSG 6 st.	BJSS	15:30-16:50 2	15:30-16:50 2		15:00-16:20 2			
M.Civkors/ A.Pahomovs MT-7 19 st. (15+4)	BJSS	19:50-21:10 2 (10)	19:50-21:10 2 (10)	17:00-19:00 3	18:30-20:30 3	19:40-21:00 2 (A.P.)	11:00-14:20 15:00-16:20 5+2 (A.P.)	
M.Civkors MT-3 11 st. (7+4)	BJSS	17.10-18.30 2	17.10-18.30 2	17:00-18:20 2(I.R)	16:30-17:50 2(I.R)		14:30-16:30 3	
M.Civkors A.Pahomovs MT-3(2) 11 st. (9+2)	BJSS	18.30-19.50 2	18.30-19.50 2		17.10-18.30 2		9:00-11:00 13:40-15:00 3+2 (A.P.)	
M.Civkors inter.gr. 4 st.	BJSS			19:00-20:20 2		17.00-18.20 2		
GALDA TENISS								
A. Isajevs/ A.Pahomovs MT-2 9 st. (6+3)	BJSS g t zāle	15.20-16.40 2		15.20-16.40 2	15.20-16.40 2		10:00-12:00 3 (A.P)	
A. Isajevs A. Isajevs MT-6 17 st.	Vārkavas v-sk. BJSS	16.40-18.40 3	8.10-8.50 16.40-18.20 3	16.40-18.20 2	8.10-8.50 16.40-18.20 3	16.40-18.40 3	12:00-14:00 3	
A. Isajevs/ A.Pahomovs SMP-2 20 st.(10+10)	BJSS g t zāle	18.40-20.20 3 (IS)	18.20-19.40 2(IS)	18.20-19.40 2(IS)		17.00-19.40 4 (A.P.)	16:00-18:00 11:00-13:40 3 (IS)S+4(A.P)S	
FUTBOLS								
V. Martinovs VFS 4 ST.	maksl. Lauk.			18:00-20:40 4				
V.Martinovs SMP-3 21 st.	maksl. Lauk.	18.00-20.40 4	18.00-20.40 4		18.00-20.40 4	18.00-20.40 4	10:00-13:20 5	
V. Točko SMP-1 20 st.	maksl. Lauk.	18.00-20.00 3	18.00-20.00 3	18.00-20.00 3	18.00-20.00 3	18.00-20.40 4	18.00-20.40 4	
D.Binders SMP-2 20 st. (18+2(R.P	mākslīgais l.	18.00-20.00 3	18.20-19.40 2(R.P)	18.00-20.00 3	18.00-20.00 3	18.00-20:40 4	10.00-13.20 5	
D.Binders MT-1 8 st.	maksl. Lauk.	14:00-16:00 3		14:00-16:00 3		14:00-15:20 2		
D.Binders MT-2 9 st.	maksl. Lauk.	16:00-18:00 3		16:00-18:00 3		16:00-18:00 3		
I. Babris MT-6/2 17 st.	M.laukums	15.00-17.00 3	15.00-17.40 4	15.00-17.00 3	15.00-17.00 3	15.00-17.40 4		
I. Babris MT-6 17st.	maksl. Lauk.	17.00-19.40 4	18.00-20.00 3	17.00-19.40 4	17.00-19.00 3	18.00-20.00 3		
S.Placinskis SMP-1 20 st.	Agl. V-sk.	16.00-18.00 3	16.00-18.40 4	16.00-18.00 3	16.00-18.00 3	16.00-18.00 3	10.00-12.40 4	
S.Placinskis SSG 6 st.	Agl. V-sk.		13:30-15:30 3		13:30-15:30 3			
I.Derjagins R.Pajenkovs MT-4 13 st. (11+2)	maksl. LauK.	16.20-17.40 2	16.20-17.40 17:40-18:20 3 (2d.+1r)	16.20-17.40 2	18.50-20.50 3	17:00-18:20 18:20-19:00 2 + 1(R)		
I.Derjagins		17.40-19.00	17.40-19.00	17.40-19.40	16.30-17.50	18:20-19:40		

R.Pajenkovs					15:50-16:30	17:40-18:20		
MT-4(2) 13 st. (11+2)	maksl. LauK.	2	2	3	3 (2(I.D.).+1r)	3 (+2I.D.+1r)		
I.Derjagins		15.00-16.20	15.00-16.20	15.00-16.20	15.00-16.20	15:00-17:00		
MT-3 11 st.	maksl. LauK.	2	2	2	2	3		
R.Pajenkovs	BJSS/1.PAM	15.30-17.30		15.30-17.30	16.30-18.30			
MT-2 9st.	maksl. LauK.	3		3	3			
R.Pajenkovs		17:30-19:30		17:30-19:30				
SSG 6 ST.	MĀKS.LAUK.	3		3				
R.Pajenkovs		12:30-13:50	14:00-15:20	12:30-13:50		12:30-13:50		
MT-1 8 st.	Rušonas/kast. sporta zāle	2	2	2		2		
VIEGLATLĒTIKA								
O.Borisova	stad./MAN/Z.	15:20-17:20	17:00-19:00	15:20-17:20	17:00-19:00	14.50-16.50	9:00-11:40	
MT-7 19 st.	parks	3	3	3	3	3	4	
O.Borisova/ E.RINGA	stad./	17:20-18:40	19:00-20:20	18:00-19:40	19:00-20:20	17:30-18:50	12:50-14:10	
SMP-1 20 st. (11+9)	parks	2.5	2	19:40-20:20 2,5+1(E.R)	2	2 (E.R.)	11:30-12:50 2+2 (E.R.)	9:00-11:40 4(E.R.)
O.Borisova	stad./	14:00-15:20		14:00-15:20		13:30-14:50		
SSG 6st.	parks	2		2		2		
M.Pokšāne	stad./	13.40-15.00		13.40-15.00		13.40-15.00		
SSG 6st.	parks	2		2		2		
M.Pokšāne		15.00-16.20	14.40-16.00	15.00-16.20	15.10-15.50	15.00-16.20		
MT-2 9 st.	Rieb.pam.	2	2	2	1	2		
M.Pokšāne	BJSS/MAN./tre n. Z.	17.50-19.00	16.10-18.10	17.50-19.10	16.00-18.00	16.30-18.30		
MT-4 13 st.		2	3	2	3	3		
M.Pokšāne/ S.STANKEIČŠ/ E.RINGA		16.30-17.50		16.30-17.50	18.00-19.20		12.00-13.20	
				17:50-19:50	19:30-20:50	16.30-18.30	13:30-14:10	
SMP-1 20st. (8+4+8)	Rieb.pam./MAN./TRENEŽIERU ZĀLE	2		2 +3(E.R.)	2+3(E.R.)	3 (ST)	2 +1(ST)	2(E.R.)
S.Stankevičs		14.00-16.00		14.00-15.20	14.00-16.00	14.00-15.20	14.00-15.20	
MT-4 13 st.	Vārk. PAM..	3		2	3	3	2	
E.V.		16:20-17:00	17:00-18:20			15:40-16:20		
S.Stankevičs/ ASM 21 (6+17)		17:00-19:00		16:30-19:00	16:30-19:00	16:60-18:30	10.00-13:20	
	Vārk. PAM..	1(E.V.)+3	2(E.V)	4	4	3(E.V.)+1	5	
J.Brakovskis/ V.Neištadte/ E.Ringa		17:00-18:20	16:50-17:30	16:50-18:50	17:00-19:00	17:30-19:30	11:30-11:50	
SMP-1 20 st.(11+6+3)	stad./parks	2 (V.N.)	3+1 (V.N)	3	3 (V.N.)	3	9:30-11:30 2+ 3(E.R.)	
F.Pušņakovs/ J.Brakovskis/ E.Ringa		17:30-18:50	17:30-18:50	16:50-18:10		17:30-18:50	12:30-13:50	
		16:50-17:30	16:50-17:30	15:30-16:50	15:30-17:30			
SMP-2 20 st.(10+7+3)	stad./parks	2 (F.P.) + 1	2 (F.P.) + 1	2(F.P.)+ 2	3	2(F.P)+3 (E.R.)	2 (F.P.)	
J.Brakovskis/ E.RINGA		17.30-20.10	19:30-22:00	18:50-20:50	17:30-17:40	17:00-19:00	12:00-14:00	
SMP-3 21 st.(18+3)	stad./parks	4	4	3	17:40-19:40 1+3 (E.R.)	3	3	
M.Vīlcāns			16:00-17:30	15:30-17:00	16:00-17:30	15:30-17:00		
MT-2 9st.	stad./MAN/Z.		2 (10)	2 (10)	2 (10)	2 (10)		
M.Vīlcāns		15:30-17:00		17:00-18:40	13.50-15.10	14.30-15.30		
MT-1 8st.	Rieb. pam.	2.5		2	2	1.5		
M.Vīlcāns/ L.Grīnberga/ MT-5 15 st. (9+6)	man. parks/tren.z.	16:30-18:30 3	17:30-19:30 3 (M.V)	18:40-20:40 3(M.V.)	17:30-19:30 3 (M.V)	16:30-18:30 3		
VFS (5-6 g.) viegl. M.VILCĀNS inter.gr. 4 st.		17.00-18.20 2				17.00-18.20 2		
	EPVG							

V.Skabs	stad./	13:00-15:00		13:00-15:00		13:00-15:00		
MT-2 9st.	parks/tren.z.	3		3		3		
V.Skabs		15:30-17:30	15:30-17:30	15:30-17:30	16:00-17:20			
MT-3 11 st.	VĀRKAVAS PAM.	3	3	3	3			
V.Skabs/ E.RINDGA		17:30-19:30	17:30-19:30	17:30-19:30	17:30-20:10	17:30-19:30		
MT-7 19st. (16+3)	stad./MAN/Z.	3	3	3	4	3	12:50-13:30 1(E.R.)	13:00-14:20 2(E.R.)
F.Pušņakovs		15:30-17:30	15:30-17:30	15:30-16:50	15:30-17:30	15:30-17:30	10:30-12:30	
MT-6 17 st.	Aglonas v-sk.	3	3	2	3	3	3	
S.Placinskis		14:00-16.00		14:00-16.00	14:00-15.20			
mt-1 8 st.	Aglonas v-sk.	3		3	2			